

DOHA HASH HOUSE HARRIERS

CIRCULAR NO.1.

Last Weeks Run No.1. Monday 7th June, 1976.

Hares Mike Ogden
John Frith

This was the inaugural run of the Doha Hash House Harriers.
Those present other than the hares were

Chris Fish
Tony Westcott
Dennis Quayle

For those that stumbled on paper this was a nice trot covering countryside few of us have seen before around the Power Station area at Ras Abu Aboud. There was a bit of paddling along the beach and at least three rivers to cross. I bet most of you didn't know that there were rivers in Doha. Run time about 45 Mins. Scribe's run rating 8 out of 10. Those who want tankards to mark the occasion contact Mike Ogden 5701 or 29058.

WHAT IS THE HASH?

The origins of the Hash House Harriers (or 'Hash' as it is now usually known) are lost in the mists of antiquity, but recent archeological research, involving the sophisticated carbon dating technique on such varied finds as one highly de-composed left plimsoll, several fragments of blue paper with the words-'Refer to Drawer'- just visible, and numerous shards bearing the markings.....pelago Breweries-Singapore', suggest that it may have started in Kuala Lumpur as early as 1947 A.D. From there it has spread all over the world and is now represented in no less than fifteen countries. In the Gulf, the Hash already exists in Bahrain and Abu Dhabi.

The Hash has been defined as 'A non competitive sport for gentleman'. It consists of a short paper trail laid through the countryside by a 'Hare' and a 'Co-Hare' which is followed, at varying speeds dictated by fitness and inclination by a pack of 'Hounds' (which means YOU). This trail, or 'paper' as it is called, will contain a number of 'Checks' (which may take the form of 'paper' back-tracking on itself, or may only be a gap in the paper) which are designed to either reverse the field of hounds or to delay those at the front so that the idle slackers at the back can catch up. Hounds who are actually on the paper trail should call 'ON-ON' loudly so that those who are either too blind or too slow know that they are on the right track. At a 'check', hounds should call 'Checking', at which dreaded sound all must start looking for the correct trail which will probably lead off a few yards to one side of the false trail. Each run lasts for approximately 45 minutes and is always followed by an 'OnOn'. Should the hounds succeed in catching the hares, the latter are liable to the enmity of their fellows. Such dire penalties have led to extra-ordinary athletic performances by otherwise slothful types, and, so far as this scribe is aware, no hare has ever actually been caught.

All very simple, isn't it? The important thing is that it is non competitive and is purely for fun, so let's see you then for the next run.

Next Run No.2. John Frith and Mike Ogden.

How to get there

On on from the Gulf Hotel roundabouts towards the Power Station carry on past turning to Power Station and 200 yards further turn left and

