

# InterAmericas HASH 2013



Rio Hato | Panama | August 30 - September 2, 2013

# InterAmericas HASH 2013



¡Bienvenidos Hashers!

Panama H3 and IAH2013 Mismanagement are proud to have you all as our guests. It hasn't been easy putting this event together, but you finally made it here and we are ready to rumble. We have prepared a varied menu of terrain to give you the best Hashing experience our country can offer: you will have beaches, rainforests, ocean, rivers and waterfalls to pick what you like best.

The Playa Blanca Beach Resort will be our private venue where we can all get comfortable together and enjoy our gathering without remorse! After Hashing we can all soak up in the warm Pacific Ocean, listen to live music by the pool, or just take it easy on a hammock. Don't worry about bringing much to wear down here. All you will need to be happy is a hat, sunglasses, and your chancletas!

A word from the Ministry of Tourism:

It is our pleasure to welcome you all to our dear and beautiful country: Panama. As you will find out on your own, there are many special places to explore while in the city as well as in the other provinces, with several beach and mountain areas close to you.

We hope you enjoy your stay and plan on returning as many times as you wish. To us, you are always welcome!

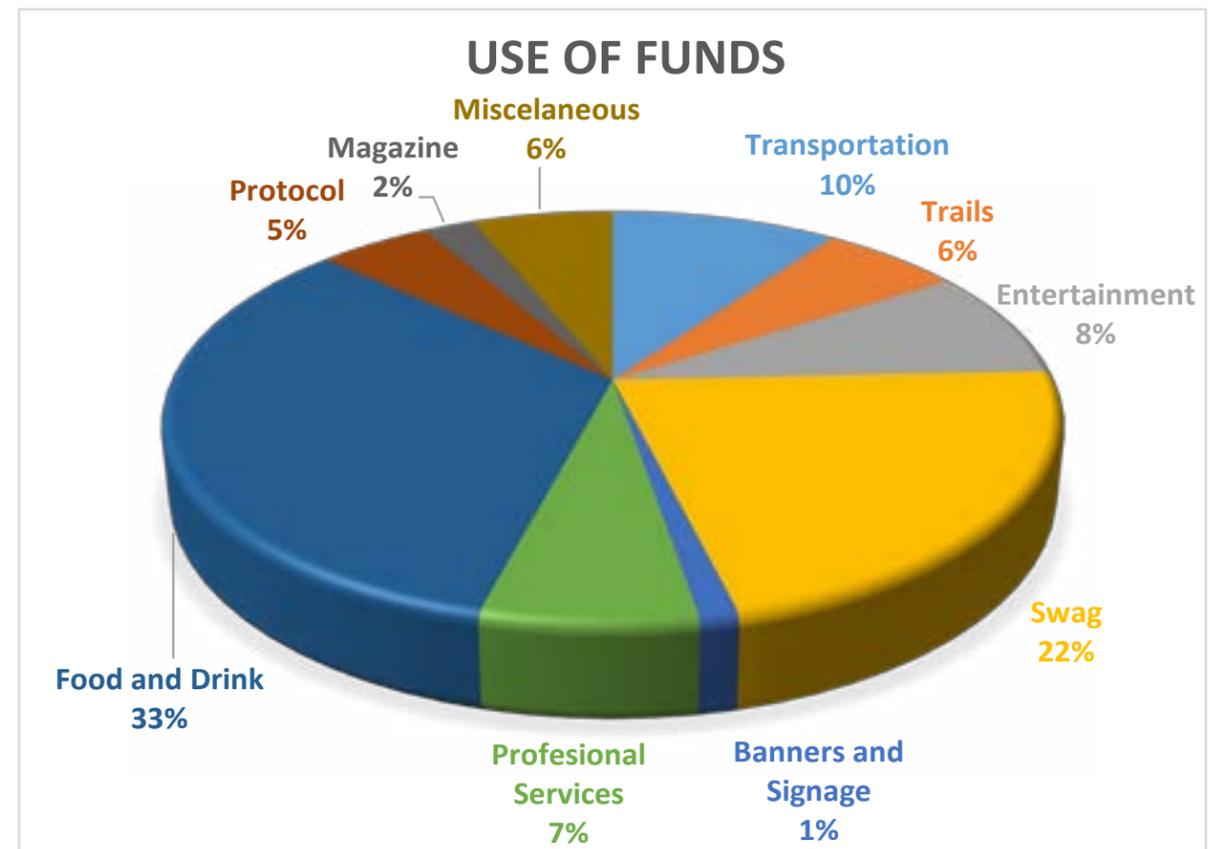
Hash fun, drink, and make merry!



# InterAmericas HASH 2013

## Table of Contents

¡Bienvenidos Hashers!.....	<b>2</b>
A word from the Ministry of Tourism.....	<b>2</b>
Table of Contents.....	<b>3</b>
Use of Funds.....	<b>3</b>
Schedule of Events.....	<b>4</b>
About Panama HHH.....	<b>5</b>
Official Trail Guide.....	<b>6</b>
Who's Cumming.....	<b>8</b>
Places of Interest in Panama City.....	<b>10</b>
Chalk Talk.....	<b>11</b>
IAH2015 Portland Bid Advertisement.....	<b>11</b>
Our Sponsors.....	<b>12</b>



# InterAmericas HASH 2013

## Schedule of Events

### Thursday, August 29

7:00 - 10:30am	Buffet Breakfast.
8:00am - 4:00pm	IAH Sign-in & swag pick-up at Playa Blanca Resort.
10:00 - 3:00pm	Open Bar with Snacks.
12:30 - 3:30pm	Buffet Lunch.
5:30pm	Okinawa Pre-Lewd. Bring a flashlight and expect shiggy!
7:00 - 10:00pm	Dinner Time.
8:00 - 10:30pm	Party Night at Sandy's.

### Friday, August 30

7:00 - 10:30am	Buffet Breakfast at the Playa Blanca Resort.
8:00am - 4:00pm	IAH Sign-in & swag pick-up at Playa Blanca Resort.
10:00 - 3:00pm	Open Bar with Snacks.
12:30 - 3:30pm	Buffet Lunch.
5:30pm	IAH2013 Welcome Trail. We will start from the beach at the back of the resort.
7:00 - 10:00pm	Dinner Time.
8:00 - 10:30pm	Welcome to Hashing in Panama! Music from Playa Blanca Resort.

### Saturday, August 31

7:00 - 10:30am	Buffet Breakfast at the Playa Blanca Resort.
8:00 - 10:00am	Hounds gather at the lobby for trail running. Check the <b>Official Trail Guide</b> for specific times.
10:00am - 3:00pm	IAH Sign-in & swag pick-up. Playa Blanca Resort.
10:00am - 3:00pm	Open Bar with Snacks.
12:30 - 3:30pm	Buffet Lunch.
5:30pm	Music by the pool.
7:00 - 10:00pm	Dinner Time.
6:30pm	First set of Rock & Roll Band by the pool. (also at <b>10:30</b> and <b>11:45pm</b> )
8:00 - 10:30pm	IAH Dance Party Night. Mr. & Ms. InterAm and Down-Down Competitions. Dance the night away to <b>Pub Herrerano</b> tunes!
8:00pm-8:45pm	IAH 2015 Bid Presentations!
until 3:00am	Continue the party at the Rancho, the beach, or what eva'

### Sunday, September 1

7:00 - 10:30am	Buffet Breakfast at the Playa Blanca Resort.
8:00 - 10:00am	Hounds gather at the lobby for trail running. Check the <b>Official Trail Guide</b> for specific times.
10:00am - 3:00pm	Open Bar with Snacks.
12:30 - 3:30pm	Buffet Lunch.
5:30pm	Disco Music by the pool.
7:00 - 10:00pm	Dinner time.
6:30pm	First set of Rock & Roll Band by the pool. (also at <b>10:30</b> and <b>11:45pm</b> )
8:00 - 10:30pm	Panama Carnival Theme Party with murga and Playa Blanca Dancers.
until 3:00am	Continue the party at the Rancho, the beach, or what eva'

### Monday, September 2

7:00 - 10:30am	Buffet Breakfast at the Playa Blanca Resort.
10:00am	Early registration for IAH2015. Hotel Check-Out starts.
6:00pm	Panama City Hash at Villa Agustina.



### About Panama HHH

The Panama Hash history is formed by two chapters; the first written by Rich Coates, an Interhashional harrier who after experiencing the taste of sweat 'n Beer with Taiwan HHH, and Okinawa HHH, made a call at the Ft. Clayton (SCN news), for the founding run for the PANAMA HASH HOUSE HARRIERS on January 29th, 1983 at 7:30 a.m. from Ancon. 17 Hounds attended this call and are recorded as founders for the first chapter of self-named PHHH.

The second Chapter started on 15 August 1983 in Panama City. Giles Padget Wilkes (GPW), a Hash-adict, who by that time was the Hash Master of the Costa Rican HHH, effortlessly convinced Pauli and Bob Mc Intosh to profess the Philosophy of Hash. The first converted to share this new doctrine were Arthur Burrowes and Graham Pearce who together with GPW and the Mc Intosh, started for the first run of the self named PANAMA CITY HASH HOUSE HARRIERS, at 5:30 p.m. On Monday, August 15, 1983 from El Dorado shopping Centre. This first run attendant Hounds are recorded as the founders of the PCHHH.



**First Hash Run of PCHHH on August 15th, 1983, Giles Padget Wilkes, Graham Pearce, Bob McIntosh and Arthur Burrowes.**

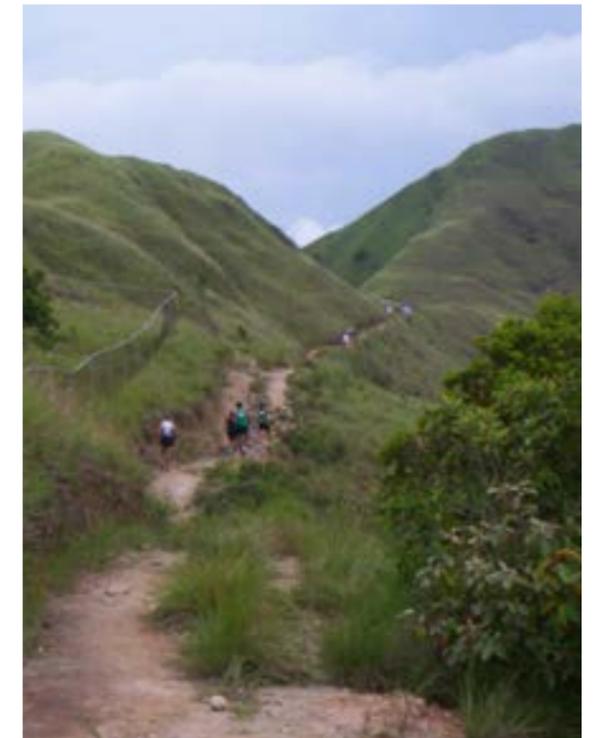
The activities of both groups continued independently until October- November 1983 when realizing the existence of each other, the unplanned but expected joint venture arrived by the setting of alternatives runs at the Canal Zone (PHHH) and Panama City (PCHHH).



**Panama Hash House Harriers, circa 1995.**

This year we celebrate 30 years of continuous hashing in Panama! Our kennel is over 200 hundred runners, and our runs usually have over 50 hounds running the trail. We run every week on Mondays, starting at 6:00pm, rain or shine.

Come join us!



# InterAmericas HASH 2013

## Official Trail Guide

### Staff

All IAH2013 staff will be identified by a **green** t-shirt.

### Meeting point

All trails will start at the Playa Blanca Hotel. We will gather at the specific time of your chosen trail in front of the lobby of the hotel.

### Hares

All hares will be identified by a **yellow** t-shirt and will have signs to guide you to the specific buses.

### Transportation

All buses will be available on a "first come, first serve" basis. The buses can only take **45** hounds at one time, so once the buses are full, hares will take count of the hounds and leave to the specific starting points.

### Food

Lunch bags will be provided to all hounds counted on the buses. There is no drinking allowed on the buses.

### Trails

All trails will take approximately 4 to 6 hours, from the time the buses leave the hotel until their return.

### Bullbuster

MEETING TIME:	8:00 am (only on Saturday)
HARE:	Rompy
TRANSPORTATION:	2 buses (90 HOUNDS)

This run will start from El Valle, a town set in the crater of an extinct volcano, about an hour away from the hotel. The run will be 21 kilometers long, approximately 5 hours running. It is recommended to bring some dry clothes and leave it on the bus to change afterwards. You will be getting back to the hotel around 5:00 p.m.



### Sacachucha

MEETING TIME:	8:00 am (only on Sunday)
HARE:	Rompy
TRANSPORTATION:	2 buses (90 HOUNDS)

This run will start from Rio Hato, about a half an hour drive from the hotel and will be 16 kilometers long, approximately 3 hours running.



### El Valle

MEETING TIME:	9:00 am
HARE:	Popo
TRANSPORTATION:	2 buses (90 HOUNDS)

There are two separate trails on this run. One will be approximately 7 kilometers and the other 10 kilometers long. They both start from El Valle, a town set in the crater of an extinct volcano, about an hour and a half away from the hotel.



### La Laguna

MEETING TIME:	9:30 am
HARE:	Chencho
TRANSPORTATION:	2 buses (90 HOUNDS)
FOOD:	Besides the lunch bag, you will enjoy <i>sancocho</i> (a traditional soup) with white rice.

This trail starts from La Laguna, about an hour from the hotel and it will be approximately 7 kilometers long.



### El Cevichito

MEETING TIME:	10:00 am
HARE:	Jordi
TRANSPORTATION:	2 buses (90 HOUNDS)
FOOD:	Besides the lunch bag, you will enjoy <i>sancocho</i> (a traditional soup) with white rice.

This trail will start from the town of San Carlos, about an hour away from the hotel. The run will be approximately 5 kilometers long. It involves a lot of shiggy, you will get wet on this trail, therefore it is recommended to bring some dry clothes and leave it on the bus to change afterwards.



### Home Run

MEETING TIME:	10:30 am
HARE:	Luchomatic
TRANSPORTATION:	None
FOOD:	Hotel food.

This run starts from the Playa Blanca Hotel. Since there is no bus for this trail, the number of HOUNDS has no limits. This is the easiest run, approximately 5 kilometers long.



# InterAmericas HASH 2013

## Who's Cumming

Rajko "GVG" Boric	Cums In My Big Mouth	Mellow Foreskin Cheese	Great Sex
Rompyp	Fossil	Just Laid	Wreath Around
Willie	Lola	Mucky Dip	Mount Dora
Stick It In My Socket	Pressed Cling Peaches	Skewbic Hair	Specimen Sampler Platter
20 Pound Pussy	Tooth Fairy	Baby Crack Whore	4 Inch Crack
Cums on Vacation	Slurpee	Spin Cycle	Dreary The Hugging Man
Just Scott	Major Tom Soiler	Horsefli Drivebi	Prick of the Litter
Wet & Dry	Deposit Slit	Twisted Sister	Bridge Over the River Twat
Uncle John	Oops	Hardly	Nookie Monster
Haystack	Twinkle Toes	Parrot Head	M.C. Hasher
Enos	Easy to Please	Van Gogh	Gentleman Start My Twat
Semen on the Pew	Texticle Teaser	Cunning Linguist	Hot Lips
Robin Red Breast	Ass Whisperer	Uncle Bad Touch	Capt Snatch
Likk'mm	Twisted Pirate Porn	Spermit	Spunk In The Trunk
Tere	Meat Me on I-10	Escrowtum	Schweinchen Dick
Hilde	TV Hair	HoHo	Coppertone Bone
Big Bore	Target Practice	Big Gulp	upchuck and die
Dr PP	Snap Crackle Poop	Thar She Blows	Finger Lickin' Good
Roly	Arab in the Rafters	Mu-Sick	Ass Ogre
Inés	Princess LayMe	Happy on His Knees	Scared of Pussy
Dalys	Kiss My Trash	Tweedle Me	Chlorine Will Kill Everything
Donny Thu Retahd	Batguano Man	Dr. Pecker	Emu
The Body	Tequila Cocking Bird	Bubble Cumm	Fat Ass
CIA	Barely Man Below	Ho Paint	Orca Hole Lick
Damaris	Read My Lipz	Swiss Butt-Cheese	Tequila Tony
Chencho	G.I.	Turd	Mr Stool
Smegma Balls	Higgins	Butt Chug	Taster's Choice
Dr. Doo-Doo	Midnight Stroker	Shell Shocked!	Meat Lover
Fernando	Victoria	Patckwork-Quilt	Breach My Piece
El Gallo Alex	B Flat	Rotten	Load Packer
Jordi	Fucking Crazy	Goes Down Easy	Bad Ditch
Down n Dirty	Tiny Bubbles	Half-Life	Itsy - Bitsy
Quality Asshole (Q'nA)	Puke	Hope In Her Soul	Pixel Dick
A.I.D.S.	The Cockodile Hunter	Hot Dick	RU-469
Full Service	Tissue Tits	Ice Box	Icing on the Cock
RA	Super-Mimmo	VeeDee	Just Arge
H2HO	Party-Pants	Laid Off	Delhi Belly
dicksmith	Village Tool	Stickless	Cowlick
Gone with the Schwinn	Spike	Shit Faced	Shaft
Sister Maria	Spare Rib	Dirty Hoer	Just Janeth
Fuzzbuster	Raisin Smuggler	Lifts & Separates	Snatchesquatch
Iloo	Happy Feets	Maui Wau	Yark Sucker
2 Bit Oar	Dump 'N' Scrunch	Horney Horsey Humper	Tour duh Whore
Hazukashii	Quick Drawers	Ass Clown	7/10 Split
Ceiling Fan	Quick Kiss	Tiny Tank	A.I.D.S.
Zephyr	Gaybeard	For Sale or Rent	Mullet Muncher
Venta	Crack Climber	Deb's DipStick	Climaxes By Night
Back Bedroom Bobber	DogBlower	NBA	Peter Eat Her
Circle Jerkinator	Double The Odds	Patron Saint	Little Big Man
Die Bitch Die	Mind The Gap	Fido	Chubby Chaser
Neon	Moan N Fucker	Finger In	Crotch Thumper
Private Showing	Buck-A-Fuffalo	Iron Lady	Kitty Kitty Gang Bang
Pork Screw	Willy Wonka & The Backdoor	Gallop	Lifa
Big Grace	Factory	Broken Trojan	Black Pussy
Late Nite Drive Thru	Shop Teacher	Tastes Like Shit	Cum Chowder
Ass Spelunker	Thanks For The Mammaries	Cums on the Ceiling	toys 4 twats
Pippi Schlongstocking	Endangered Feces	Keeper of the Beams	The Body
ChewChew My Caboose	Glitter Puss	Too Loose To Screw	Tofts
Davey Crochet	Cum Again	Mudsucker	Calves
Sister Golden Showers	Semen Fest	paparazzixxx	Wet Willie
Shit Happens	Log Jammer	Pecas Dos	3-Banger
Probing Sex Knave	Juris Dickhead	String Cheese	Just Dwight
Geezer Pleezer	Bust Her Hymen	Pabst Smear	Cuntinental Breakfast
Minuteman	Where's	Handjob	Last Hole
Ultrawimp	Captain Crash	Mandongo	Stinkfinger
Charity Fuck	African Queen	Rear End Wrangler	Wet Spots

# InterAmericas HASH 2013

## Who's Cumming

SpongeDick SnowPants	Poonshine	Crouching Beaver,	McGayer
RC Mounter	Osama Bin Hashing	Smelly Dragon	Milf Shake
dBASED	Miss Willie	The Gatekeeper	manhole
Puppy Pumper	Cum DMC	Scrum Muffin	Knut Knudger
Magic	Joy Ride	Ruff Buff	Dive Barb
Gooley Blow	Premature	Just Jen	Moon
Gay Rodeo Clown	Rumple Foreskin	Wet Hairs	Rexine
Kellog's Tony The Tiger	Miss Conception	Richard Simmons is my Daddy	Lucy
flamer	D'Dildo	I Da Ho	Tranny Cock Kicker
Stairmaster	Silver Rider	Screams Like A Girl	Cums at 59
Little Boy Blue Balls	Beheaded	Sockumsized	Inflate A Date
The Udder Ho	Fourgasm	Fire Thighs	The Wookie
Eggbeater	Floater	Double Dribble	Kaffir
JellyBoobs	Rainblow Not-So-Bright	Wanker Yanker	Sosumi
Tongue Job	Cogdilla	Manuel Labor	Tripod
Dog Breath	Who Put THe Cum In My Ass	Rawhide	Ouch!!!
Bobbin for Buttplugs	Poop Over Jizz	Sir Flatulot	Bang 4 ur Buck
oral hershey rider	Littleshit	Queef 'n' Cheddar	African Mule
IUD Me	40 Year Old Sirgin	Continental Drip	Screamer
turf tits	Butt Quack	Snail Trail	Butterballs
Bad Semen	Goldfinger	One Ball	F. Squid
Horn of Plenty	Doc Holiday	Divine Bovine	Smiley
Dyke Tyson	Barbie's Bitch	10 Dollar Blowjob	calici
zz bottom the 3rd	Poof! The Iron Pussy	Butt Bob	Roll Model
VommittDog	Roseeh	Bimbo By Day	Pound Puppy
Dungeons & Drag Queens	Gauch Me On The Periodic Table	Motor Clitty	Half'Ast Eddie
Ranger Smurf	Goes Both Ways	f2	Mrs One Bun
Watergate	Grab My Handlebars	Two Fuck Me & Beyond	Jungle Jim
Mango Boy	Sorta Swallows	Ditch Bitch	Burning Rubber
WrongNut	3.5 Drive	Hardy Boy	Paula
Occasional Rapist	Le Voisin	Boon Wanker	Yakkity Yak
Mr Ed	Ganjaman	Happy	Bambi
DickDADick	Geezer Teaser	Rain Bitch	Cockring
Fluffer	Wild Bill	Stinky PFMF	Just Noga
Adios Motherfucker	Alouette	Doofus White Boy	Shirley Valentine
RC Mounter	HoSucker	Hooked on Furniture	bermudz short
Nasty Ditch	Angkor Twat	Cherry Picker	J. Edgar Boozer
Fort Lauderdale Wildcard H3	Brown Thumb	Butt Balls	She Came
Lil Dribble	pack my chute	Lil Anal Annie	Princestuous
Winey Van Slut	brown thumb	Music Man	Just Jessica
Dude wheres my Crabs	Gutter Balls	Big Sweaty Pussy	PokeHer
Moist Slacks	Lady Closet Fag	Harddrive	None-of-Your-Bushness
Dixie Quickie	Just Chris	TuTu Fairy	Floater
Retracted	Dead Animal	Tit Tack Smuggler	Quack Off
Poohbies	Foxy Lady	All the Meat You Can Eat	Knee Deep
AC/DP	S.O.G	Likes it Ruff	Bob Loblaw
Salt Lick	B.O.S.	tom	Public Offender
Finish on my face	Head Nurse	Bourbon Street Bitch	MeatBalls
Dick Assley	Suzi Chaps Dicks	Tour DePuke	
Aunt Eat Her	ball street cock exchange	Liquor Up	
PeterMoon	cums & sees stars	Finger in the Dyke	
Janvisser	Occupied	mr. jackson	
Gerardboom	3.5 Drive	return to gender	
pietervos	Rusty's T-Bone	skunk chaser	
Karelduur	Park 'n The Rear	Family Jewels	
Icehole	Park 'n The Rear	Thorny	
Corrigan	Tanned Peaches	centerpoint	
Quintyhoof	DeadHead	Cougar Bait	
R U Deep	Pump-N-Dump	Knead A Beer	
Chicken Poop	3 Pumps 1 Finger	Jamaica Mi Horny	
Just Joe	Nippin N Dippin	Dont Ask Don't Tell	
Jiggypiggy	Grouch	Wishboneher	
Just Tamar	Draggin' her Ass	Penis Colada	
Atomic Beaver	Horny Again	Black and Decker Pecker Recker	
Barbie's Bitch	Pink Panther	"BAD"	
Cockpit	Access Denied	AOL.com	

# InterAmericas HASH 2013

## Places of interest in Panama City

### Casco Viejo

Following the destruction of the old city by Henry Morgan in 1671, the Spanish moved their city 8km southwest to a rocky peninsula on the foot of Cerro Ancón. The new location was easier to defend as the reefs prevented ships from approaching the city except at high tide. The new city was also surrounded by a massive wall, which is how Casco Viejo got its name.

The Casco has been through fast growth and renovation in recent years and it is now one of the most popular areas in the city. There are plenty of good restaurants and bars to choose from. Our Hash on Monday will be in this area.



### Calle Uruguay

Another popular area of town, where you can find excellent choices of restaurants and bars is Calle Uruguay. Right of the Cinta Costera, which borders the Bay of Panama, and in between Casco Viejo and Punta Pacífica, is what most people call the "red light district".



### Miraflores Visitors Center

No visit to Panama is complete without a look at the Panama Canal. The Miraflores Visitors Center overlooks the first set of locks on the Pacific side of the Canal. There you can watch the ships go through the locks, visit the exhibits that explain the Canal's history, how it works and how it will be once the expansion is completed in 2014. Experience one of the Seven Wonders of the Modern World!



### Parque Natural Metropolitano

Up on a hill to the north of downtown, the 265-hectare Parque Natural Metropolitano protects vast expanses of tropical semideciduous forest within the city limits, and serves as an incredible wilderness escape from the trappings of the capital. It has two main walking trails, the Nature Trail and the Tití Monkey Trail, which join to form one long loop.

The loop is also home to a 150m-high mirador (lookout) that offers panoramic views of Panama City, the bay and the canal all the way to the Miraflores Locks.



# InterAmericas HASH 2013

## Chalk Talk

Since all of the trails involve some or lots of shiggy, marks will be made with chalk as well as bright topographic tape.

**Single blob** Usually not this big, a single blob means the trail may go this way. 3 blobs indicate that your **on On**.



**Checking** It is marked with an "X" and this is where the trail can go in any direction.



**On On** It can be as clear as an arrow pointing in the right direction.



**Return** Marked with "U-turn" arrow, means go back to where you came from.



**On Home** Usually marked with "HHH", it means you are not far from beer.



## Cummin' Out West



## IAH 2015 PORTLAND

From Portland, Oregon you can hash the coast, the forest, the mountains, the Columbia Gorge or stay urban and pub-crawl through the city of microbrews.

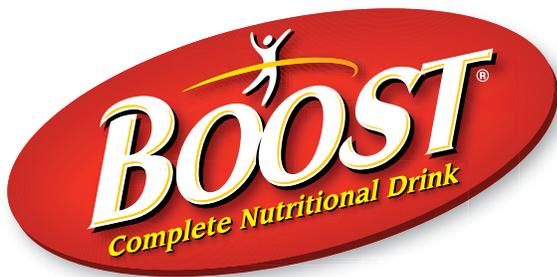
We have more microbrews per capita than any other city in the world. Add to that our booming wine industry and micro-distilleries and we've got something for every half-mind!

**Join us in the Pacific Northwest!**

**Labor Day weekend - September 4-7, 2015**

[www.interamoregon.com](http://www.interamoregon.com)

Ron  
**ABUELO**  
PANAMA



**Panamá**  
visitpanama.com